

## Anxiety Questionnaire

Name \_\_\_\_\_  Male  Female Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Tobacco Use  No  Cigarettes  Other tobacco \_\_\_\_\_ Date quit? \_\_\_\_\_

State \_\_\_\_\_ Amount of Insurance \_\_\_\_\_ Type of Insurance \_\_\_\_\_

Occupation/Source of income: \_\_\_\_\_

1. List Diagnosis:  generalized anxiety disorder  panic disorder  obsessive compulsive  agoraphobia  post-traumatic stress syndrome \_\_\_\_\_

2. Date diagnosed: \_\_\_\_\_

3. List number of episodes and date of last episode: \_\_\_\_\_

4. Have you been hospitalized or seen in an emergency room for treatment of anxiety or other psychiatric illness?  No  Yes, give details: \_\_\_\_\_

5. List all medications currently being taken for anxiety: \_\_\_\_\_

6. Have you had any of the following? If so, please give dates and details: \_\_\_\_\_

Depression  No  Yes: \_\_\_\_\_

Suicide Ideation or Thoughts  No  Yes: \_\_\_\_\_

Suicide Attempt  No  Yes: \_\_\_\_\_

Substance Abuse  No  Yes: \_\_\_\_\_

Personality Disorder or Psychotic Disorder  No  Yes: \_\_\_\_\_

### General Questions:

1. Do you have any other major health problems?  No  Yes – Details: \_\_\_\_\_

2. List all medications: \_\_\_\_\_

3. Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Most recent blood pressure reading: \_\_\_\_\_

Agent Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_