

Build and High Blood Pressure Questionnaire

Name Male Female Age _____ Date of Birth _____

Tobacco Use: No Cigarettes Other tobacco _____ Date quit? _____

State _____ Amount of Insurance _____ Type of Insurance _____

Occupation/Source of income: _____

1. Date high blood pressure/ hypertension was diagnosed: _____

2. How often do you visit your physician? _____

3. High Blood Pressure is controlled by: Diet and exercise alone _____

Medication- type and amount of medication: _____

4. Test Results: _____

Blood Pressure: _____

Cholesterol: _____

HDL: _____

LDL: _____

5. Other medications: _____

6. Do you have any of the following complications: chest pain, diabetes, elevated cholesterol, stroke or TIA (Transient Ischemic Attack), kidney disease, peripheral vascular disease, coronary artery disease or other heart problems, abnormal EKG, abnormal Stress EKG.

Details #6: _____

General Questions:

1. Do you have any other major health problems? No Yes – Details: _____

2. List all medications: _____

3. Height: _____ Weight: _____ Most recent blood pressure reading: _____

Agent Name: _____

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Phone: _____ **Fax:** _____ **Email:** _____