

## Sleep Apnea Questionnaire

Name \_\_\_\_\_  Male  Female Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Tobacco Use  No  Cigarettes  Other tobacco \_\_\_\_\_ Date quit? \_\_\_\_\_

State \_\_\_\_\_ Amount of Insurance \_\_\_\_\_ Type of Insurance \_\_\_\_\_

Occupation/Source of income: \_\_\_\_\_

### Sleep Apnea

1. Type:  Central  Obstructive or Mixed \_\_\_\_\_ Date Sleep Apnea diagnosed: \_\_\_\_\_

2. Sleep study completed? \_\_\_\_\_ Date of first sleep study: \_\_\_\_\_

3. Test Results. Oxygen saturation level: \_\_\_\_\_ Apnea Index results: \_\_\_\_\_

4. Treatment?  Weight loss  Use CPAP ( Continuous Positive Airway Pressure mask)

Medication:  protriptyline  progesterone  acetazolamide  other: \_\_\_\_\_

5. Surgery:  tracheotomy  uvulopalatopharyngoplasmy Date: \_\_\_\_\_

6. Any current symptoms  Yes  No -Details: \_\_\_\_\_

7. Cardiac Arrhythmias  Yes  No - Details: \_\_\_\_\_

8. Asthma, COPD or Emphysema  Yes  No – Details: \_\_\_\_\_

### General Questions:

1. Do you have any other major health problems?  No  Yes – Details: \_\_\_\_\_

2. List all medications: \_\_\_\_\_

3. Height \_\_\_\_\_ Weight \_\_\_\_\_ Most recent blood pressure reading: \_\_\_\_\_

**Agent Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_ **Email:** \_\_\_\_\_

The information gathered above will be used in the evaluation of the insurability of the applicant. All offers are tentative and are subject to verification of the submitted medical evidence and other criteria used in the underwriting of life insurance Copyright 2000 to 2013. By Fredric Berger. All rights reserved.